

# Weigh to Bee

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## YOUR W2BEE SIMPLE PROGRAM

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Our meal plans have been specifically written to produce the best weight loss result for you.

You can choose any one of the seven meal plans or alternatively you can create your own daily meal plan by choosing one meal from all the breakfast options, one meal from all the snack options, one meal from all the lunch options and one meal from all the dinner options.

This will provide you with endless flexibility if you so require it, or alternatively you can choose any one of the existing options as currently set out.

Awe-Slim Simple is "Simple & Effective".

### ULTIMATE FLEXIBLE PLAN FOR LOSING WEIGHT

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- Healthy and Affordable Recipes
- Idiots guide to stick on fridge to make quick choice and create your own daily meal plan
- This program will provide you with endless flexibility and options that are ideal for those live who live alone.
- Healthy weight loss program that the whole family can follow together.
- Free Health Assessment
- 4 Pre-booked consultations + support - Optional



TAKE CONTROL TODAY

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*LOSING WEIGHT HAS NEVER BEEN EASIER*